

# SHE CAN

Equipping young women with future-focused skills before they leave school.



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Tricia is the co-founder and facilitator for She Can workshops. A Gen Z youth advocate and trained facilitator, Tricia prioritises the long term behaviour change of her students. This is achieved through interactive and digitally augmented content that meets curriculum outcomes and remains relevant to students everyday lives and worldviews.

Tricia is a 2018 Layne Beachley Foundation Scholarship Recipient, One Girl Ambassador, Sister Cities Youth Delegate and has facilitated to over 13,000 students in Newcastle, Victoria and Canberra. She has also delivered presentations and workshops at various conferences, and student leadership days.

## WHAT THEY THINK

*"Thank you for bringing your Enterprise workshop and showing us what you do. It helped me gain clarity and insight into what language and inspiration is put out there for young females, and empowered me with some new approaches and ways of thinking. It's important work."*

*- Behaviour Change Facilitator, Karrikins Group*

*"The messages along the way were powerful, inspiring and engaging. So much so that I commented that I could only hope for a lesson like this where each and every one of the girls not only actively engaged in productive ways but learned to much."*

*- Learning and Support Teacher, Tomaree Highschool NSW*

*"I attended one of She Can's Holiday workshops, inspiring girls to dream big, set goals and smash them. The workshop really resonated with me. Thanks to them I have completed every single one of my goals and I truly and wholeheartedly support the work they do."*

*-Year 11 Student, Newcastle*

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Backing young women to be future ready  
before they leave school.



## FOR HER WORKSHOP

By pursuing the statement 'I was here' this interactive, choose your own adventure workshop explores the changing face of local and global citizenship in the 21st century. Through immersion in real life global case studies students understand the challenges of poverty, education access and inequality and strategies to address them. Students use real world problem solving and design thinking to explore innovative avenues to drive change and feel confident in their own ability to make an impact beyond their immediate environment.

- Value of charity and social impact
- Role of social enterprise and entrepreneurial thinking in future work
- Innovative activism and strategies to make a impact as a global citizen at a grassroot level
- Real world problem solving for 21st century challenges

## KEY OUTCOMES

- Students understand the implications of 21st century challenges
- Students value of charity and grassroot activism
- Students understand the role of NGOs, community projects and individuals in civic life
- Students implement ideation and design thinking grassroot actions to make a social impact on a local and global scale
- Students develop a entrepreneurial mindset to understand the balance of human needs and community wellbeing
- **Students can access the She Can Online Hub with future resources and support**

## SET UP

- Workshop can extend from 1 - 1.5 hours
- Students require their own pen

