

# SHE CAN

Equipping young women with future-focused skills before they leave school.



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Backing young women to be future ready  
before they leave school.

## RETHINK WORKSHOP

This workshop supports students to think critically about their learnt behavior and perceptions of self and others. Through a variety of multimedia, game play and group discussion students explore the history, reality and challenges of gender bias in its various forms. Students develop grassroot strategies to overcome this barrier in their present and future and walk away from the workshop feeling confident to address unconscious bias and stereotyping.

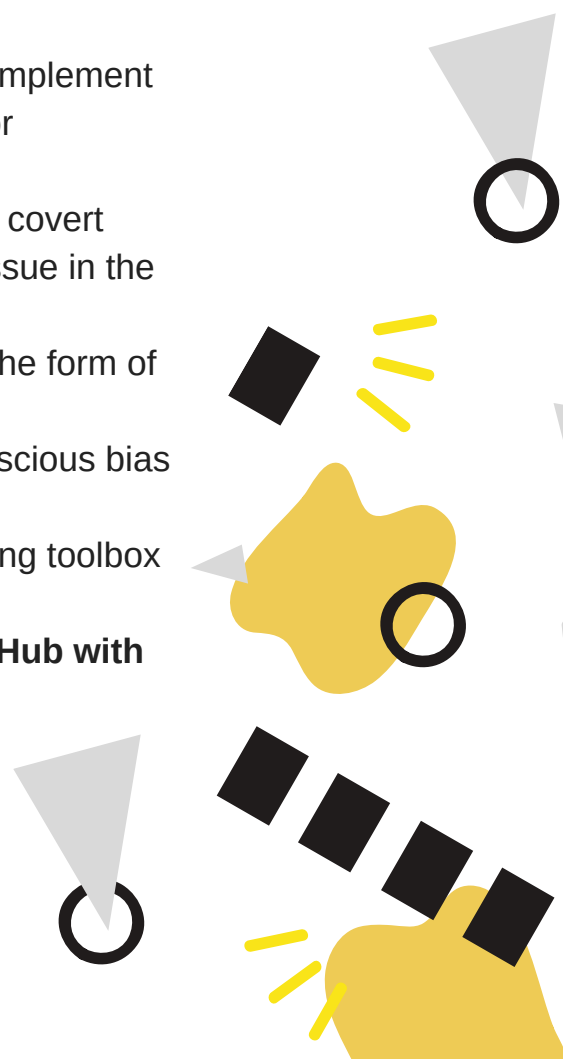
- Defining and identifying unconscious bias
- Evidence based strategies for addressing unconscious bias
- Understanding the history of bias and problem solve challenges
- Engage with grassroot strategies to drive equality in everyday life

## KEY OUTCOMES

- Students can identify unconscious bias and implement evidence based strategies to address bias for themselves and peers in everyday situations
- Students understand the history of overt and covert bias and are self-motivated to address this issue in the future
- Students can identify the markers of bias in the form of language, speech and everyday actions
- Students can identify the main effects unconscious bias has upon individual and groups
- Students receive access to She Can budgeting toolbox containing templates and workbook
- **Students can access the She Can Online Hub with future resources and support**

## SET UP

- Workshop can extend from 1 - 1.5 hours
- Students require their own pen



# SHE CAN



Tricia is the co-founder and facilitator for She Can workshops. A Gen Z youth advocate and trained facilitator, Tricia prioritises the long term behaviour change of her students. This is achieved through interactive and digitally augmented content that meets curriculum outcomes and remains relevant to students everyday lives and worldviews.

Tricia is a 2018 Layne Beachley Foundation Scholarship Recipient, One Girl Ambassador, Sister Cities Youth Delegate and has facilitated to over 13,000 students in Newcastle, Victoria and Canberra. She has also delivered presentations and workshops at various conferences, and student leadership days.

## WHAT THEY THINK

*"Thank you for bringing your Enterprise workshop and showing us what you do. It helped me gain clarity and insight into what language and inspiration is put out there for young females, and empowered me with some new approaches and ways of thinking. It's important work."*

*- Behaviour Change Facilitator, Karrikins Group*

*"The messages along the way were powerful, inspiring and engaging. So much so that I commented that I could only hope for a lesson like this where each and every one of the girls not only actively engaged in productive ways but learned to much."*

*- Learning and Support Teacher, Tomaree Highschool NSW*

*"I attended one of She Can's Holiday workshops, inspiring girls to dream big, set goals and smash them. The workshop really resonated with me. Thanks to them I have completed every single one of my goals and I truly and wholeheartedly support the work they do."*

*-Year 11 Student, Newcastle*