

SHE CAN

Equipping young women with future-focused skills before they leave school.



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Backing young women to be future ready before they leave school.



SHE CAN MAKE WORKSHOP

By asking the question 'why wait?' this hands on workshop equips students with strategies to make money work for them. By exploring essential, current and age relevant topics such as budgeting, instant gratification, financial goal setting and practical saving strategies; students become inspired to begin a journey towards financial independence. Situating money in terms of students own lives allows this workshop to engage students while dealing with advanced concepts.

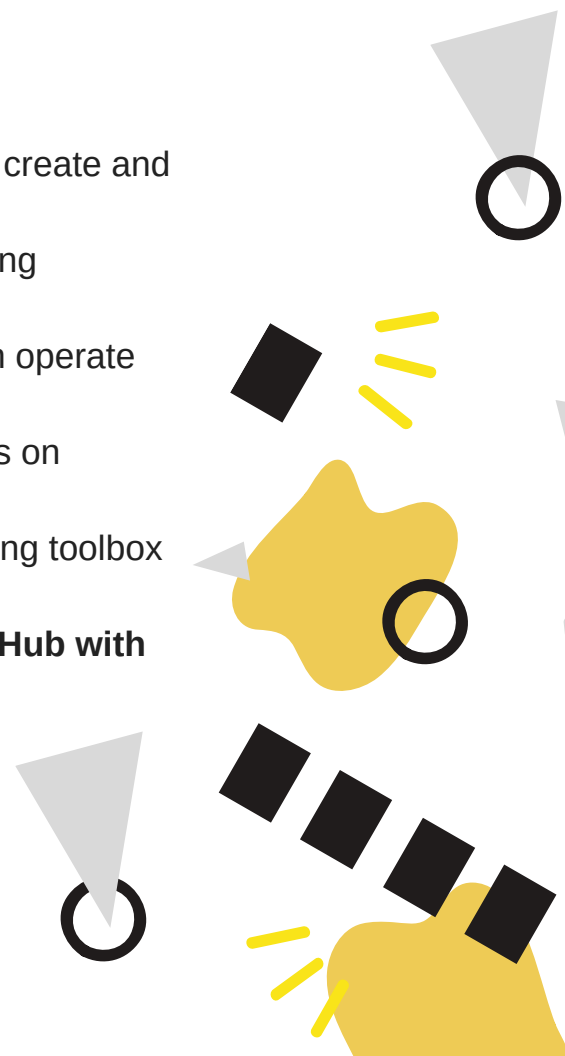
- Developing an everyday personal budget
- Value of saving strategies
- Financial goal setting
- Enterprising avenues to gain income
- Distractions and influences on spending
- Everyday money use e.g. "Afterpay and ASOS" and "Money apps that have your back"

KEY OUTCOMES

- Students can use five essential strategies to create and achieve a financial goal within 12 months
- Students understand three age relevant saving strategies become financially independent
- Students develop a personal budget that can operate within 14 days
- Students can identify the two main influences on spending behavior
- Students receive access to She Can budgeting toolbox containing templates and workbook
- **Students can access the She Can Online Hub with future resources and support**

SET UP

- Workshop can extend from 1 - 2 hours
- Students require their own pen



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Tricia is the co-founder and facilitator for She Can workshops. A Gen Z youth advocate and trained facilitator, Tricia prioritises the long term behaviour change of her students. This is achieved through interactive and digitally augmented content that meets curriculum outcomes and remains relevant to students everyday lives and worldviews.

Tricia is a 2018 Layne Beachley Foundation Scholarship Recipient, One Girl Ambassador, Sister Cities Youth Delegate and has facilitated to over 13,000 students in Newcastle, Victoria and Canberra. She has also delivered presentations and workshops at various conferences, and student leadership days.

WHAT THEY THINK

"Thank you for bringing your Enterprise workshop and showing us what you do. It helped me gain clarity and insight into what language and inspiration is put out there for young females, and empowered me with some new approaches and ways of thinking. It's important work."

- Behaviour Change Facilitator, Karrikins Group

"The messages along the way were powerful, inspiring and engaging. So much so that I commented that I could only hope for a lesson like this where each and every one of the girls not only actively engaged in productive ways but learned to much."

- Learning and Support Teacher, Tomaree Highschool NSW

"I attended one of She Can's Holiday workshops, inspiring girls to dream big, set goals and smash them. The workshop really resonated with me. Thanks to them I have completed every single one of my goals and I truly and wholeheartedly support the work they do."

-Year 11 Student, Newcastle